

March 2, 2026

Because God Is Our LORD

**Ps. 1:1-2 *Blessed is the man who does not walk in the counsel of the wicked, nor stand in the way of sinners, nor sit in the seat of scoffers! But his delight is in the Law of the LORD, and on His Law he meditates day and night.***

The Hebrew word for *delight* is **chef tzov** which means *his great pleasure, desire or delight*. The first thing to notice in this passage is the progression of sin. Notice that we walk, then begin to stand, and ultimately sit. We must choose to not be distracted from the purposes that God has for us. We cannot desire to wallow in the mire of this world nor take on the desires of those who want to counsel us in the ways of the world.

David says that we are blessed when we do not listen to the world's philosophies and instead base our minds in the Law of the LORD. On this Law, he meditates day and night. The Hebrew word for *meditate* is **yeh geh** which means *to ponder, declare or dwell upon*. We have a choice in the things that we spend our time listening to or reading about. You can fill your mind daily with what this "news outlets" want to tell you; what the social media pushes; what the evil one desires to influence you with; or you can invest your time in God's word by meditating on it and memorizing it.

I can personally tell you, that if I listen to what the portrayers of the "news" say, I can certainly become angry or sad, or even mad. But when I listen to the words of life spoken through the Spirit of God in His Word, I can see things the way God sees them. I can look at the people in this world who don't yet know Jesus, and see them as the prize and not the enemy. Remember what **Phil. 2:13** reminds us of: ***It is God Who works in you, both to will and to do His good pleasure.***

**Dear LORD, may we delight in Your Word. May we hide Your Word in our hearts so that we will not sin against You. Help us to enjoy Your presence in our lives, In Jesus Name, Amen**